Central University of Punjab, Bathinda, Punjab

Course Scheme

For

M.Phil. South and Central Asian Studies (Including Historical Studies)
# M.PHIL in SOUTH AND CENTRAL ASIAN STUDIES (Including Historical Studies)

## SEMESTER I

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tr>
<td>SCA.501</td>
<td>Research Methodology</td>
<td>F</td>
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<tr>
<td>SCA. 502</td>
<td>Computer Application and Practical</td>
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<td>SCA. 651</td>
<td>Government and Politics of South Asia</td>
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**Any Two Options**

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<tr>
<td>SCA. 661</td>
<td>Contemporary Security Environment in South Asia</td>
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<td>SCA. 662</td>
<td>Regional Cooperation in South and Central Asia</td>
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<td>SCA. 664</td>
<td>Foreign Policies of Major Powers and South Asia</td>
<td>E</td>
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<tr>
<td>SCA. 665</td>
<td>Introduction to Security Studies</td>
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**Total Credits**

| Total Credits |
|---------------|-------------|
| 18 | 0 | 2 | 20 | 500 |
### Semester II

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<td>SCA. 680</td>
<td>Government and Politics of Central Asia</td>
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<tbody>
<tr>
<td>SCA. 681</td>
<td>Political Economy of Central Asia</td>
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<td>SCA. 682</td>
<td>Contemporary Security Environment in Central Asia</td>
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<td>SCA. 683</td>
<td>Environmental Governance in South Asia and Central Asia</td>
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<td>SCA. 680</td>
<td>Society and Culture in South and Central Asia</td>
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**GRAND TOTAL**

|             | **52**                                                         | **900** |

Course Title: Research Methodology
Course Code: SCA. 501

Course Objectives: This course aims at familiarizing the students with the basic concepts and theoretical understanding of the research methodology. With this course students would be equipped with the knowledge and skills required to undertake systematic research. After the completion of this course, they would be able to develop their own research topics, frame research questions, and choose appropriate methodologies for data collection and analysis.

<table>
<thead>
<tr>
<th>Unit I: Basic Concepts</th>
<th>13 hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meaning and Importance of Research, Characteristics; Hypothesis: Meaning, Characteristics, Types, Formulation; Research Proposal: Definition, Selection Procedure, Formulation of a Statement and Steps in Making Research Proposal; Review of Literature, References; Research and Academic Integrity: Copyright Issues, Conduct of Ethical Research, Plagiarism in research.</td>
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<table>
<thead>
<tr>
<th>Unit II: Theoretical Foundation</th>
<th>13 hours</th>
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<tbody>
<tr>
<td>Knowledge: Epistemological and Ontological Foundations of Knowledge; Deductive and Inductive Forms of Knowledge; Facts and Fiction; Knowledge and Power – Michael Foucault and Edward Said; Science of Knowing: Positivism; Popper and the Theory of Falsification.</td>
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<thead>
<tr>
<th>Unit III: Qualitative Research</th>
<th>13 hours</th>
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<tbody>
<tr>
<td>Qualitative Research: Meaning, Characteristics; Case Study; Grounded Theory; Phenomenology; Ethnography; Observation; Focus-Group; Photography; Historiography, Interviewing; Visual Research.</td>
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<thead>
<tr>
<th>Unit IV: Quantitative Research</th>
<th>13 hours</th>
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<tbody>
<tr>
<td>Quantitative Data: Significance, Analysing Quantitative Data; Measurement and Scaling Techniques, Measures of Central Tendency- Mean, Median and Mode; Measures of Dispersion- Range and Standard Deviation; Simple Correlation Regression: Multi Variable Regression; Analysis of Variance. Use of Statistical Techniques in Data Analysis: Introduction to Statistical and Econometric Programmes- Survey Authoring, Data Mining, Text and Statistical Analysis; Use of Excel and Simple Statistical-Econometric Package.</td>
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</table>

Essential Readings

**Additional Readings**
Journals


Web Sites

2. University of Waikato APA Online Guide

<table>
<thead>
<tr>
<th>Course Title: Computer Application and Statistics</th>
<th>52 Lecture Hours</th>
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<td>Course Code: PSC. 502</td>
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**Course Objectives:** It is a well-known fact, that computer has occupied a centre-stage in our day-to-day life. Keeping this in mind the present course has been framed with the aim to make students familiar with the basics of the computer knowledge. Apart from this, students will be also made familiar to various statistical methods.

**Unit I: Basic Concepts** 13 hours

**Fundamentals of Computer:** History of Computer, Parts of computers, Hardware, BIOS, Operating systems, Binary system, Logic Gates.

**Unit II: MS Office** 13 hours

**Application Software:** Spreadsheet applications, Word-processing applications, Presentation applications, Internet browsers, Reference Management, and Image processing applications.

**World Wide Web:** Origin and concepts, Searching the internet, Advanced web-search using Boolean logic, Cloud computing.

**Unit III: Use of Computer** 13 hours

**Use of computers in social science:** theorising and representing social and economic data, Simulating, Modelling and Planning; Bibliographic retrieval and literature review; Data analysis in the computer, Computer assisted qualitative data analysis software, using internet for social science searchers.

**Unit IV: Statistical Methods** 13 hours
Use of statistical techniques in data analysis: Text and statistical analysis; use of excel and SPSS.

**Essential Readings:**

**Course Title:** Government and Politics of South Asian  
**Course Code:** SCA. 651  
**Course Objective(s):** The main focus of this course is to acquaint the students with the critical debates about the South Asia politics. South Asia under the British rule, colonial political legacy is also covered to give a comprehensive understanding regarding how region’s political system has been evolved and influenced. This course would also impart knowledge of parliament, government; political parties; pressure groups and interests groups of South Asian countries. Lastly, students will acquire understanding of latest emerging democratic trends in South Asia. On completion of this course, students would be able to understand the types of the government, political parties and the emerging political trends of the region.

<table>
<thead>
<tr>
<th>Unit I: Historical Evolution in South Asia</th>
<th>13 hours</th>
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<tbody>
<tr>
<td>South Asia: Establishment of Colonialism in South Asia; Colonial Political Legacy; Political Development in South Asia</td>
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<table>
<thead>
<tr>
<th>Unit II Government and Politics I</th>
<th>13 hours</th>
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<tbody>
<tr>
<td>India, Pakistan, Bhutan and Nepal</td>
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<table>
<thead>
<tr>
<th>Unit III: Government and Politics II</th>
<th>13 hours</th>
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<tbody>
<tr>
<td>Bangladesh, Sri Lanka, Afghanistan and Maldives</td>
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<thead>
<tr>
<th>Unit IV: Democracy in South Asia</th>
<th>13 hours</th>
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<tbody>
<tr>
<td>Emerging Democratic Trends in South Asia</td>
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</table>
### Essential Readings


### Additional Readings


### Journals


**Web Sites**
1. Global Arts And Politics Alliance (Gapa)
2. Government & Politics Of South Asia (Columbia University Libraries)
3. South Asia Analysis Group

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**Course Title**: Political Economy of South and Central Asia  
**Course Code**: SCA. 661  
**Hours**: 52  

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**Course Objectives**: The main focus of this course is to give understanding of the major debates of the political economy of the regions. This will familiarize the students with the various aspects of the pre and post liberalized economy of both the regions. This course will also equip the students to understand the external dynamics such as MNC, FDI, energy etc. After the completion of this course students be able to understand the various aspects of the political economy, challenges and external dynamics and how it impacts the regional politics and economy.

**Unit I: Understanding International Political Economy**  
13 hours
- Contending Perspective on International Political Economy: The Liberal verses Marxists
- The Major Debates of International Political Economy: Amartya Sen, Jagdish Bhagwati

**Unit II: Central Asia Political Economy**  
13 hours
- Colonial Economy: Poverty, Industrial Development and Underdevelopment
- Post-Independent Economy: - Economic Structure, Planning; Industrial and Agriculture Development and Energy Politics

**Unit III: South and Central Asia : Post-Liberalization Economy**  
13 hours
- National Income; Growth Rate; HDI; Trade and External Trade Policy; Poverty; Uneven Development; Regional Economic Cooperation; Challenges of Neo-Imperialism
### Unit IV: External Dimension: Impact on Political Economy:

13 hours

MNC/TNC, Transfer of Technology, Global Financial Flows, FDI, International Aid, Role of Energy, Connectivity and Food Security

#### Essential Readings


#### Additional Readings


**Journals**

**Web Sites**
1. Central Asia and the Caucasus
2. The School of Russian and Asian Studies
3. The World Socialist Web Site
## Course Title: Contemporary Security in South Asia

<table>
<thead>
<tr>
<th>Course Code: SCA. 662</th>
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### Course Objectives:
The objective of this course is to give understanding of the contemporary security environment of the South Asian region. The students would be able understand the geostrategic and geopolitical salience of region along with the emerging security challenges. Lastly, the students would be able to understand how external powers affect the regional security environment. On completion of this course, students will be in possession of skill to analyse the security environment, challenges and external powers role in security of the region and they would be able to give foreign policy inputs to the policy makers.

### Unit I: South Asian Security
13 hours

- Geostrategic and Geopolitical Salience of the Region, Emerging Security Threats; Regional Security Architecture,
- Security Dilemma of South Asia, Military Balance and Deterrence of South Asian states.

### Unit II: Security Threats in South Asia
13 hours

- Security Threats: Terrorism; Small Arms Proliferations; Drug and Human Trafficking; Maritime Threats; Nuclearisation in South Asia; Afghanistan Security Conundrum; Post -2014 Regional Security; Impacts on South Asia.

### Unit III: Regional and International Security Architecture
13 hours

- Defence Doctrines of Countries; Strategic Cooperation; Nuclear Weapon Free South Asia Concept, Role of SAARC in Regional Security; NPT and CTBT and South Asia

### Unit IV: External Powers and Regional Security
13 hours

- Extra Regional Powers’ Geostrategic and Geopolitical Interests in South and Central Asia; Impact on Regional Security

## Essential Readings


Additional Readings
2. IDSA Publications (Reports, Briefing Papers etc)
3. SIPRI Reports

Journals
5. International Security (Journal)

Web Sites
1. Asian Survey (Journal)
2. Foreign Affairs (Journal)
3. Strategic Analysis (Journal)
Course Title: Regional Cooperation in South and Central Asia

Course Code: SCA. 663

Course Objectives: The objective of this course is to give comprehensive understanding of the theoretical concept, various factors, stages and genesis of regional cooperation in both the regions. Secondly, it will give critical understanding of the ironies of globalization and regional cooperation. On completion of this course, student will be able to understand the regional cooperation, its various aspects and challenges of the region due to globalization.

<table>
<thead>
<tr>
<th>Unit I: Concept of Regional Cooperation</th>
<th>13 hours</th>
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<tbody>
<tr>
<td>Theoretical Foundation of Regional Integration; Factors in Regional Integration, Phases of Regional Integration.</td>
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</table>

<table>
<thead>
<tr>
<th>Unit II: Regional Cooperation in Central Asia</th>
<th>13 hours</th>
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<tbody>
<tr>
<td>SCO: Genesis, Principles And Objectives; Role Of CAREC, Eurasian Economic Union and CSTO; Geopolitical Expansion of SCO and Regional Integration; Challenges And Potential Of Regional Integration.</td>
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</table>

<table>
<thead>
<tr>
<th>Unit III: Regional Integration in South Asia</th>
<th>13 hours</th>
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<tbody>
<tr>
<td>SAARC: Genesis, Principles and Objectives; Challenges and Potential of Regional Integration; Geopolitical and Geostrategic Perspective of Regional Integration.</td>
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<table>
<thead>
<tr>
<th>Unit IV: Globalization and Regional Integration</th>
<th>13 hours</th>
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</thead>
<tbody>
<tr>
<td>Globalization and Regional Co-operation in South and Central Asia; Challenges to South Asia and Central Asia</td>
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Essential Readings


**Additional Readings**


**Journals**


<table>
<thead>
<tr>
<th>Course Title: Foreign Policies of Major Powers and South Asia</th>
<th>52 Hours</th>
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</table>

**Course Objectives:** The objective of this course is to give comprehensive understanding of foreign policies of the major powers vis-à-vis South Asia. Secondly this will also try to make understand the students how major power’s foreign policies are mooring around India. After the completion of this course, students would be in possession of skill to analyse the foreign policy of the major powers vis-à-vis South Asia and India.

**Unit I: United States and South Asia**  
13 hours
The US Foreign Policy: Determinants and Objectives; US Foreign Policy Towards South Asia.

**Unit II: China and South Asia**  
13 hours
China Foreign Policy: Determinants and Objectives; Chinese Foreign Policy Towards South Asia.

**Unit III: Russia and South Asia**  
13 hours
Russia Policy: Determinants and Objectives; Russian Foreign Policy Towards South and Central Asia.

**Unit IV: India and Major Power**  
13 Hours
India and US; India and China; India and Russia
Essential Readings


Additional Readings

1. Armijo, L. E. (2007). The BRICs countries (Brazil, Russia, India, and China) as analytical category: mirage or insight? Asian Perspective, 7-42.

Web Sites
1. South Asia Analysis Group
2. Asian Survey
3. Government & Politics Of South Asia (Columbia University Libraries)
**Course Objectives:** The students will be familiar with the concept and origin, theoretical approaches and debates in security studies. Secondly, they will be able to understand the emerging security threats covering international terrorism, arms proliferation, drug and human trafficking and maritime security threats. Thirdly they will be able to understand the role of international organizations in peace building. After the completion of this course, the students will in possession of skill to give inputs for national or international establishment in policy making to check these security threats.

<table>
<thead>
<tr>
<th>Unit I: Foundation of Security Studies</th>
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<thead>
<tr>
<th>Unit II: Theoretical Concept</th>
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<tbody>
<tr>
<td>Strategic Thinkers: Kautilya, San Tzu, Thucydides</td>
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<tr>
<td>Theories of security: Realism, Liberalism and Constructivism</td>
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<table>
<thead>
<tr>
<th>Unit III: Emerging Security Threats</th>
<th>13 hours</th>
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<tbody>
<tr>
<td>International Terrorism, Arms Proliferation, Drug and Human Trafficking, Maritime Security Threats, and Environmental Threats.</td>
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<table>
<thead>
<tr>
<th>Unit IV: War, Conflict and Peace Building</th>
<th>13 hours</th>
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<tbody>
<tr>
<td>World Wars Causes and Consequences, Cold War and Security Dilemma, Conflicts-Concept, Types and Resolution; Peace Building- Geneva Convention, Hague Convention and Role of UN in the Peace Building</td>
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Essential Readings


Additional Readings


Journals


**Web Sites**

### Semester-II

<table>
<thead>
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**Course Objectives:** The main focus of this course is to acquaint the students with the Central Asia’s colonialism under Soviet Union and political legacy of the Soviet Union. Secondly, students will get comprehensive understanding of the political systems of the region. Lastly, students will acquire understanding of latest emerging democratic trends in South Asia. On completion of this course, students would be able to understand the types of the government, political parties and the emerging political trends of the region.

**Unit I: Central Asia**
- Central Asia Under USSR, Emergence of Central Asia; Political Legacy of Soviet Union 13 hours

**Unit II Government and Politics I**
- Kazakhstan and Uzbekistan 13 hours

**Unit III: Government and Politics II**
- Turkmenistan, Tajikistan, and Kyrgyzstan 13 hours

**Unit IV: Process of Democratization, Challenges and Prospects**
- Authoritarian vs Democratic Set Up; Free and Fair Elections, Democratic Role of Political Parties; Government Effectiveness and Accountability 13 hours

**Essential Readings**


**Additional Readings**

**Journals**

**Web Sites**
1. The Economist
2. Global Issues
3. Central Asia – Caucasus Institute: Silk Road Studies Programme
4. Central Asian Survey
Course Title: Contemporary Security Environment in Central Asia

<table>
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<th>Course Title: Contemporary Security Environment in Central Asia</th>
<th>52 Hours</th>
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**Course Objectives:** The main objective of this course is to acquaint the students with the contemporary security environment of the region. For this, geostrategic and geopolitical salience and regional security architecture’s understanding will be given to the students. Secondly, students will be familiarized with the implications of Afghanistan imbroglio post 2014. Thirdly external powers interests in the region and their impact on the regional security’s knowledge will also be given to the students. After the completion of this course, the students will in possession of skill to analyse the security environment of the region and able to give inputs for policy making related to security.

**Unit I: Central Asian Security**
13 hours

**Unit II: Central Asia Security**
13 hours
Concept of Central Asia, Geostrategic and Geopolitical Salience of the Region, Emerging Security Threats and Regional Security Architecture, Military Balance of Central Asia, Defence Capability and Potential of Central Asian States

**Unit III: Implication on Central Asia**
13 hours
Afghanistan Security Conundrum; Post -2014 Regional Security; Impacts on Central Asia

**Unit IV: External Powers- US, China, Russia and Regional Security**
13 hours
Extra regional powers’ geostrategic and geopolitical interests in South and Central Asia; Impact on regional security
**Essential Readings**


**Additional Readings**

5. SIPRI Reports
6. IDSA Publications (Reports, Briefing Papers etc.)

**Journals**


**Web Sites**
1. Asian Survey (Journal)
2. International Security (Journal)
3. Strategic Analysis (Journal)
4. Foreign Affairs (Journal)
Course Title: Environmental Governance in South and Central Asia

Course Code: SCA. 682

| Course Objectives: the course objectives are – first, to develop and understanding of South and Central Asian historical and contemporary environmental challenges; second, to gain and understanding of the key actors, institutions and political process that characterise and shape South and Central Asian Politics today; third, to understand the structure and the process of environmental governance; fourth, to develop a broad understanding of the range of environmental issues and challenges that South and Central Asia faced; fifth, to understand the role of social capital, citizen’s action, and non-governmental organisations in shaping South and Central Asian Response to environmental issues. |

Unit I: Introduction and Discourse on Environment 13 hours


Critical Perspectives on ‘One World’ Discourses.

International Cooperation and Regime Formation.

Effectiveness of Environmental Regimes: Compliance with International Law.

Unit II Environmental Issues 13 hours

South Asia: Air Pollution, Water, Chemical Waste, Land Degradation, and Global Warming.


Unit III: Environmental Governance in South and Central Asia 13 hours

Environmental Governance in South Asia (Water, Air, Waste Management, Global Warming/Climate Change).

Environmental Governance in Central Asia (Water, Air, Waste Management, Conservation and Preservation of Forests, Global
Warming/Climate Change).

**Unit IV: The Governance Dilemma**

13 hours


The Challenge of Conceptualization of Global/Regional Environmental Governance.

**Essential Readings:**


Additional Readings:

Journals:

Web Sites:
Course Title: Society and Culture in South and Central Asia | 52- Lecture Hours | L | T | P | CR | Marks
Course Code: SCA. 683 | 4 | 0 | 0 | 4 | 100

Course Objectives: The objective of this course is to acquaint the society and culture of both the regions, in order to understand the socio-economic and socio-cultural roots of the overall understanding of the region.

Unit I: South Asia Social Institutions
Social Institutions: Society; Family; Marriage and Kinship.

Unit II: Urbanization and Social Change
Urbanization: Rural Urban Dichotomy and Rural Urban Continuum, Modernization, Development and Displacement and Social Change

Unit III: Civilization and Development
Civilization of South Asia; Secularization and Modernization; Westernization and Sanskitization; Dichotomy of Tradition and Modernity; Changing Social Ethos.

Unit IV: Post Liberalization – Social and Cultural Challenges
Essential Readings

Additional Readings

Journals
1. Society and Culture in South Asia - SAGE Publications Inc
2. The Asian Society
3. Project Muse

Web Sites
1. Library of congress
2. Central Asian survey
3. Asian Survey

Course Title: Foreign Policies of Major Powers and Central Asia
Course Code: SCA. 684
Course Details:
- 52 Lecture Hours
- L: 4
- T: 0
- P: 0
- CR: 4
- Marks: 100
Course Objectives: The objective of this course is to give comprehensive understanding of foreign policies of the major powers vis-à-vis Central Asia. Secondly this will also try to make understand the students how major power's foreign policies are mooring around the region. After the completion of this course, students would be in possession of skill to analyse the foreign policy of the major powers vis-à-vis Central Asia.

Unit I: United States and Central Asia
US’s Geopolitical and Geostrategic Interests; US’s Foreign Policy and Central Asia

Unit II: China and Central Asia
China’s Geopolitical and Geostrategic Interests; China Foreign Policy and Central Asia

Unit III: Russia and Central Asia
Russia’s Geopolitical and Geostrategic Interests; Russia’s Foreign Policy and Central Asia

Unit IV: Geopolitics of Central Asia
Regional Players in Central Asia; New Great Game, Reciprocation of Central Asia.

Essential Readings

**Additional Readings**


**Journals**


**Web Sites**
1. Foreign Policy
2. FPRC – Foreign Policy Research Journal
3. China in Central Asia
4. Asian Survey